

# Gabi Clayton

360.888.5291

[gabi@gabiclayton.com](mailto:gabi@gabiclayton.com)

<http://www.gabiclayton.com>

## CURRENT EMPLOYMENT

- Co-owner of ClaytonWorks** 7/04 to present  
We bring over 30 years experience in graphic arts & writing, and a dedication to high quality, dependable and timely service. We avoid flashy gimmicks and seek maximum impact through clarity of statement and solid design. Our services consist of web design, book publishing, editing & layout services, graphic design – including such things as newsletters, brochures, business cards, posters, & logos. <http://www.claytonworks.com>
- Webspinner and Trainer - Safe Schools Coalition** 1996 to present  
The Safe Schools Coalition is an international public-private partnership in support of gay, lesbian, bisexual and transgender youth, working to help schools - at home and all over the world - become safe places where every family can belong, where every educator can teach, and where every child can learn, regardless of gender identity or sexual orientation. <http://www.safeschoolscoalition.org>
- Mental Health Counselor in private practice; Olympia, WA** 4/96 to present  
*Licensed Mental Health Counselor/Washington # LH00005056*
- I work with individuals, couples, families, & small groups on issues including situation-based depression, grief & loss, life transitions, work related stress & stress management, activist trauma & compassion fatigue, relationship/communication issues, parenting & adolescent development, healing from trauma for crime victims, family of origin issues, self-esteem, personal growth. <http://www.gabiclayton.com/gnc-ma.htm>
- I'm a member of the American Mental Health Counselors Assoc. <http://www.amhca.org> 11/05 to present  
I'm a member of the Washington Mental Health Counselors Assoc. <http://wmhca.org> 11/05 to present  
I'm proud that I have been listed in The Activist Trauma Database <http://www.activist-trauma.net> since 3/2007  
I was member of the Thurston County HIV CARE Consortium. 1998 to 4/2008

## OTHER COMMUNITY INVOLVEMENT

- Families United Against Hate (FUAH)** Co-founder and website designer – <http://www.fuah.org> 2001 to present
- Youth Guardian Services** <http://www.youth-guard.org>
- Board member 1998 to present  
Board chair 11-19-2007 to present
- PFLAG (Parents, Families and Friends of Lesbians and Gays)** 1995 to present
- PFLAG-Olympia – board member 2000 to 2002, 2003 to 2006, and again starting Jan. 2008  
PFLAG-Olympia – website designer <http://www.pflag-olympia.org> 1997 to 2009  
PFLAG-Olympia – newsletter co-editor 1998 to 2005  
PFLAG National – member of advisory committee for the “Our House to the School House” campaign 2000  
PFLAG-Talk and PFLAG- Discuss – email list assistant 1997 to 2002
- Thurston County Public Health and Safety Community Network** – board member 1996 to 1998

## PAST PROFESSIONAL EXPERIENCE

- Behavioral Health Resources (BHR); Olympia, WA** <http://www.bhr.org> 6/00 to 10/02 and 3/04 to 8/05  
6/00 to 10/02 - part-time staff for BHR's residential programs; working with adult mentally ill clients who were transitioning from the hospital to the community.  
3/04 to 8/05 - did intake interviews and initial diagnosis and evaluation of adult consumers.  
11/04 to 8/05 - worked as an adjunct mental health counselor for clients who also had a case manager in the agency.
- Therapist; Center for Individual and Family Counseling; Olympia, WA** 8/93 to 6/96  
Provided individual, family, couples and group therapy. Therapeutic issues included: grief and loss, healing from trauma for crime victims, anger management, relationships, parenting, and adolescent development. Provided case consultation to therapists in the community. Trained and supervised graduate interns in therapy groups and individual case consultations. Collaborated with other therapists in designing group therapy programs for adults, adolescents, and children. Wrote treatment plans and reports to outside agencies. Designed forms, brochures and flyers used to gather information or to promote programs and services.

- Residential Youth Counselor; Haven House; Olympia, WA** 3/90 to 10/93  
Worked to create a safe, nurturing environment at this shelter for adolescents run by Community Youth Services, while providing consistent structure to minimize crisis behavior. Facilitated therapeutic groups, provided brief solution-focused individual counseling, and developed goal-directed individual treatment plans with youth in care. Educated adolescent residents in problem solving and social skills. Acted as crisis liaison for the public by providing telephone counseling, assessment and referral to other community resources as needed. Trained and supervised new staff and college interns. Case management included intake assessments, daily shift reports, and consistent contact with caseworkers, therapists, probation officers, and family members to maintain a team approach to crisis intervention.
- Media Loan Assistant; The Evergreen State College; Olympia, WA** 9/88 to 6/89  
Taught and tested students, faculty and staff on media equipment operations. Did computerized scheduling and documentation of circulation transactions.
- Office Manager, Episcopal Church of the Ascension; Hattiesburg, MS** 6/84 to 1/86  
Performed general office duties, including editing a weekly newsletter.
- Co-owner and Editor; Persons Publishing; Hattiesburg, MS** 11/77 to 8/85  
Published a weekly newspaper (5 years), a monthly general interest magazine (1+ years), and a statewide quarterly arts and literary magazine (2 years). Responsibilities included writing, copyediting, design, layout, photography, illustration, bookkeeping, business correspondence, advertising sales, promotion of the publications, training and supervising a small staff.
- Co-Director; Persons Service; Hattiesburg, MS** 11/77 to 12/81  
Co-founded and directed a non-profit service organization that provided crisis counseling, referral services, emergency housing, free meals and clothing to people in need. I helped organize a food co-op and a statewide coalition of battered women's shelters. I trained and supervised volunteers.
- Staff Member; Everything for Everybody; New York, NY** 10/73 to 8/77  
Provided 24 hour a day crisis counseling and referral services to the public. Staffed an emergency shelter, soup line, food co-op, free school, day care center, and community-based alternative weekly newspaper.
- Licensed Practical Nurse; Medical Center Hospital; Burlington, VT** 1/72 to 11/72  
Performed general nursing duties on a surgical floor.

## EDUCATION

- M.A., Counseling Psychology; Saint Martin's College; Lacey, WA** 5/93  
Coursework:  
Marriage and Family Therapy, Child and Adolescent Counseling, Abusive Relationships, Treatment of Gender and Ethnicity Issues, Individual Counseling, Group Counseling, Crisis Intervention, Assessment and Treatment Planning, Psychopathology, Mental Health Consultation, Community Psychology  
My internship/practicum:  
Included a 600 hour internship at the Center for Individual and Family Counseling. I provided individual and family therapy with a variety of clients for sexual abuse, parenting, family of origin, anger management, and children's divorce issues. I co-facilitated group therapy for sexually abused youth, adult survivors of sexual abuse, and parents of sexually abused children. I did administrative work and special projects, including the planning and promotion of a series of professional workshops held in several regional communities.
- B.A., Liberal Arts; The Evergreen State College; Olympia, WA** 6/89  
Emphasis in Art and Film/Video Production
- Galileo Vocational Nursing Program; San Francisco, CA** 1970-1971
- Mission High School, San Francisco, CA** graduated 1970

## SPECIALIZED TRAINING/WORKSHOPS

- Compassion Fatigue
- The Science of Trust
- Welcoming Schools \*
- The Dangers of Psychotherapy: Hope, Hopelessness and Healing
- Online Therapy \*
- Ethics With Soul and Boundaries in Psychotherapy
- The Miracle of Connection: A Space, A Bridge, An Encounter
- Trauma Treatment State of the Art: Understanding Phasic Nervous System Process
- Understanding LGBT Mental Health Concerns \*
- Working With Trauma: Multi-Modal Integrative Psychotherapy
- LGBTQ Youth and Eating Disorders \*
- Circle of Meaning: A Narrative Tool for Exploring Spirituality in Clinical Practice
- The Convergence of Neuroscience and Mindfulness: Insights and Practices that Improve Outcomes
- Build Your Online Presence Through Public Education
- Narrative Ideas and Therapeutic Practice: What Makes Narrative Therapy Novel?
- In Sickness & Health - Systemic and Collaborative Approaches with Medically Ill Clients
- Tapping the Energy of Authentic Strengths
- Moving Toward Money Harmony
- Increasing Revenue and Satisfaction in Private Practice
- Bad to the Bone: Can Our Genes Make Us Act Badly?
- Compassionate Nonviolent Communication
- Internal Family Systems Therapy with Couples
- Social Networking \*
- Mindful Self-Compassion in Clinical Practice
- Possibility Therapy - A Respectful Strength-Based Approach to Change
- Managing IT Volunteers \*Recession-Proof Your Practice
- An Introduction to Hakomi
- The Zen of Helping
- Off Your Cushion: How To Stay Centered in Life
- Conflict Resolution: Skills for Couples & Counselors
- The Power of undefended Love
- Good Boundaries: Centerpiece of Successful Relationships
- Addictions, Compulsions, & Self-Sabotage: A Multi-level Approach to Trauma's Legacy
- Youth Suicide Prevention
- Ethical Considerations In Creating a Client Record
- Healing Rage and the Therapist
- Power Abused, Power Healed
- Psychological Resources, Personal Experience, and Social Relations
- War and the Soul: Healing Post-traumatic Stress Disorder
- Trauma Free Marketing for Therapists
- Burnout, Stress & Fatigue
- The Internal Family Systems (IFS) Model of Psychotherapy
- Compassionate Listening: Healing Our World from the Inside Out
- The Psychology of Cancer
- Living with Grief: Before and After the Death
- The Dying Process: Understanding Anticipatory Grief and Anticipatory Mourning
- Grief: New Insights and Developments
- Implications for Practice
- The Importance of Self-Care
- Working with Depression: Holistic and Spiritual Approaches
- Psychotherapy with People in the Arts
- Conflict Management
- Disaster Mental Health Intervention: Web-FLASH On-Line Training from Project P-FLASH (Practical Front-line Assistance and Support for Healing)
- Law, Ethics and Confidentiality in Behavioral Health
- Saying It Out Loud ~ Rights and Recovery: Promoting GLBTQ Wellness in a Changing Environment:
- Chemical Dependency/Mental Health Counseling Needs of GLBTQ Community
- Working with Transgendered Clients
- Pathways to Possibility with Difficult Cases: Working with "Resistant, Unmotivated, or Mandated Clients"

- Self-Injurious Behavior: Assessment, Treatment, and the Recovery Process
- Schopenhauer's Porcupines: Intimacy and Its Dilemmas
- Healing Plots: The Narrative Basis of Psychotherapy
- Forgiveness is a Choice
- Dealing with Dilemmas: Ethical Issues and the Older Adult
- Northwest Institute for Community Health Educators (NICHE) - Advanced Track - for professionals who work as sexuality, family life, HIV/AIDS, and family planning educators
- Understanding the Stages of Change in Addiction and Recovery
- Trauma and the Media
- Attention Deficit & Co-Disorders Through the Lifespan
- Clinical Dilemmas in Feminist Therapy Practice
- The Many Faces of Grief
- Effective Strategies for Helping Couples and Families
- Legal & Ethical Issues in Counseling, Social Work & Mental Health
- Intensive Journal Workshop: Life Context/Depth Contact
- Minding the Body, Mending the Mind: Psychoneuroimmunology and Beyond
- Interactive Guided Imagery
- Outcomes for Success: Evaluating Services and Programs
- Eye Movement Desensitization and Reprocessing (EMDR) - Level 1 & 2
- Understanding Depression: Diagnosis, Treatment and Prevention
- Understanding Multiple Personality/Dissociative Identity Disorder
- Brief Solution-Focused Therapy
- Playing as an Adult
- The Expert Witness on Child Sexual Abuse: A Practical "How To" Approach
- Art Therapy and Sexual Abuse
- Consultation on Sexually Reactive Children
- The Basics on Child Sexual Abuse
- No Longer Alone: Group Work with Sexually Abused Children
- Working with Parents and Caregivers of Sexually Abused Children